# A stereological study on calculation of volume values of the cervical spinal segments in ducks 

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Received: 29.03.2018 • Accepted/Published Online: 10.10.2018 • Final Version: 10.12.2018


#### Abstract

In the present study, volume values of the cervical segments in the spinal cords of adult ducks weighing 3-4 kg were investigated. Volume values of the grey matter and white matter in the cervical segment of the spinal cord of the ducks were examined stereologically. Ten ducks (genus Anas) without regarding the sex of the animals. All animals were perfused using $10 \%$ formaldehyde. The animals were kept in $10 \%$ formaldehyde for 1 week to ensure fixation. The ducks were then dissected. The cervical segments were uncovered by removing the cervical vertebrae. Tissue samples were obtained from each of the cervical spinal segments, and $5-\mu \mathrm{m}$-thick cross-sections were obtained from these samples. Sampling was performed at a ratio of $1 / 250$ to obtain 12 cross-sections from each cervical segment of the animals. These sections were stained using the hematoxylin and eosin staining technique. Photos were taken under a microscope. Volume values of whole tissue, grey matter, and white matter were calculated for each cervical segment of the spinal cord of the ducks. Cavalieri's principle was employed for the calculation. As a result, the vertebral column was used as a guide to identify the cervical segments of the spinal cord. The cervical segments were also obtained by dissection without using a decalcification process. It was determined that the number of segments was 15 . When mean volume values of the whole cervical segment of the spinal cord in the ducks were evaluated, the highest mean volume was determined as $4.224 \mathrm{~mm}^{3}$ in segment C 15 . The cervical spinal segment with the lowest value of white matter was $C 7\left(0.915 \mathrm{~mm}^{3}\right)$. When the volume values of the grey matter of the cervical segments of the ducks were examined, it was determined that segments C14 and C15 had the highest values, calculated as $0.511 \mathrm{~mm}^{3}$ and $0.513 \mathrm{~mm}^{3}$, respectively. It was determined that segments C12, C13, C14, and C15 were involved in the cervical enlargement.


Key words: Cavalieri's principle, cervical segment, duck, spinal cord, stereology, volume

## 1. Introduction

The duck, belonging to the family Anatidae from the order Anseriformes of the class Aves, is from the genus Anas. The present study aimed to stereologically investigate the cervical spinal cord segment of ducks. In poultry, the spinal cord (SC) starts from the foramen magnum, extends to the coccygeal section at the end of the vertebral column, and does not form a cauda equina-it enters into a terminal thread. The spinal cord is thin, narrow, and long in poultry (1). The meninges of the brain-the dura mater, the arachnoid, and the pia mater-also surround the spinal cord (2). In poultry, the spinal cord is examined in 4 parts: cervical (C), thoracic, lumbosacral, and caudal (3). In poultry, the outside area of the spinal cord is formed by white matter (WM), while its inside is formed by grey matter (GM) (2). In cross-section, the grey matter has the appearance of a capital H . The central canal is a visible canal located in the middle of the capital H (4).

Stereology is a discipline that can evaluate and reveal characteristics of 2-dimensional structures in 3 dimensions $(5,6)$. Unbiased methods using stereological techniques are preferred instead of biased methods (7). It has been stated that volume values of every kind of structure can be calculated with Cavalieri's principle by distinguishing the borders, regardless of the relationship of a tissue or biological structure with the surrounding structures (8).

A literature review showed that anatomical and stereological studies have not been done on the cervical segment of the spinal cord in ducks of the genus Anas.

The aim of the present study was to determine total volume, grey matter volume, and white matter volume of the cervical spinal segments in adult ducks. The obtained results are presented here as reference values for information sources in the international literature.

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## 2. Materials and methods

### 2.1. Animals

A total of 10 adult ducks (Anas) of both sexes weighing $3-4 \mathrm{~kg}$ were used as the material in the present study. The animals, which were anesthetized by injection of ketamine hydrochloride ( $50 \mathrm{mg} / \mathrm{kg}$ IV) (9), were perfused using the intracardiac method (10) using $10 \%$ formaldehyde. The ducks were kept in the formaldehyde pool for the fixation process for 1 week following the perfusion process.

### 2.2. Removal of the spinal cord

In order to uncover the cervical vertebrae of the fixed ducks, the dissection process began with removal of the soft tissues around the vertebrae. The arcus vertebrae of the cervical vertebrae were then removed. All of the bone tissues were not extirpated because segmentation of the spinal cord was performed with the presence of bone tissue where the spinal cord was located. Tissue samples were obtained from each segment after segmentation (11).

### 2.3. Sampling method

A pilot study was carried out first to identify the number of animals, the number of cross-sections, and the samples to be used in the study. Since the current studies in the literature state that the relative error of the error coefficient was determined as $10 \%$ for stereological studies, the number of animals required for the study was 5 in order to obtain this value $(12,13)$. For this reason, 5 adult ducks were used in the pilot study. In calculation of the coefficient of error for the sampling method in the present study, the total variant square root/total number of points was taken as a basis. SHTEREOM 1.0 software was used to calculate the number of cross-sections $(8,14)$.

Tissues dissected from the spinal cord cervical segments of the ducks were subjected to tissue processing to conduct the pilot study. All tissues were embedded vertically in paraffin in the same direction following the tissue processing. Transverse sections of $5 \mu \mathrm{~m}$ thick were obtained from these tissues, embedded, and blocked in paraffin via rotary microtome (Leica RM 21, 35, Nussloch, Germany) until the tissue was finished by using a random systematic sampling method. These sections were transferred onto microscope slides. The first step of deparaffinization was ensured by keeping them in a drying oven. The deparaffinization process was then finished by passing them through a series of xylol and alcohol. The sections were stained using hematoxylin and eosin and covered with coverslips $(11,15)$. Cross-sections were sampled by performing the stepping at a ratio of $1 / 250$ to obtain 12 cross-sections from each segment of the animals. One out of the first 250 cross-sections was randomly chosen for systematic random sampling. Every 250th cross-section was then placed on the microscope slide after counting. Results obtained from the pilot study
were included in the original study, as the values from the pilot study were appropriate for the present study.

### 2.4. Image analysis

Stereological stepping was needed to examine the duck spinal cords, because the spinal cord has a large structure in poultry at $4 \times$ magnification. Stereological stepping was done using a motorized stage and photographs were taken. Hence, measurements were obtained from $4 \times$ magnification photos. Point grid and $4 \times$ magnification were used for calculating the area and then volume. SHTEREOM 1.0 software was used to complete the calculations (Figure 1). In addition to the program, Cavalieri's principle was applied as the calculation method (16). Total volumes of 15 cervical segments of the spinal cord, total volume of grey matter, and total volume of white matter of the ducks were calculated (Figures 2 and 3). The number of points was used because the ratio of points could be included as the volume in the calculation of volume values $(7,17)$.

In this study, a one-way ANOVA test was applied for the comparison between the segments. SPSS was used for statistical analysis.

## 3. Results

When mean volume values of the entire cervical segment of the spinal cord in the ducks were evaluated, the highest mean volume was $4.224 \mathrm{~mm}^{3}$ in segment C15. This value, which was $3.735 \mathrm{~mm}^{3}$ in segment C1, decreased to 2.959 $\mathrm{mm}^{3}$ by showing a distinct decline up to segment C5. This value increased to $3.126 \mathrm{~mm}^{3}$ in segment C 8 . The total volume value of the cervical segment, which continued to increase in segments C9, C10, and C11, was $3.701 \mathrm{~mm}^{3}$ in segment C12. While this value was $4.139 \mathrm{~mm}^{3}$ in segment C13, it was $4.218 \mathrm{~mm}^{3}$ in segment C14 and $4.224 \mathrm{~mm}^{3}$ in segment C15 (Table 1).

When volume values of the white matter in the spinal cord cervical segments of the ducks given in Table 2 were examined, the highest value belonged to segment C5 $\left(1.192 \mathrm{~mm}^{3}\right)$, while the lowest value belonged to segment C7 ( $0.915 \mathrm{~mm}^{3}$ ). While volume of the white matter was $1.042 \mathrm{~mm}^{3}$ in segment C 1 , it was $1.054 \mathrm{~mm}^{3}$ in segment C 2 . This value was $1.240 \mathrm{~mm}^{3}$ in segment C12, decreasing to $1.171 \mathrm{~mm}^{3}$ in segment C13. It decreased further for segments C14 and C15, with values of $0.994 \mathrm{~mm}^{3}$ and $0.991 \mathrm{~mm}^{3}$, respectively.

When volume values of the grey matter in the spinal cord cervical segments of the ducks were examined, it was determined that segments C14 and C15 had the highest values, calculated as $0.511 \mathrm{~mm}^{3}$ and $0.513 \mathrm{~mm}^{3}$, respectively. Mean volume value of the grey matter of segment C 1 was $0.425 \mathrm{~mm}^{3}$; this value decreased until segment C9. Mean volume value of the grey matter was $0.319 \mathrm{~mm}^{3}$ in segment C10, and it increased up to segment C15 (Table 2).


Figure 1. Image analysis by SHTEREOM 1.0 program.


Figure 2. The cervical spinal segment of the duck at $4 \times$ magnification (hematoxylin and eosin).

As the grey matter/white matter volume ratios of the cervical segments of the ducks in Table 2 were examined, the highest mean volume ratio was found in segment C 15 ; this value was calculated as $0.941 \%$. The lowest grey matter/white matter volume ratio was $0.300 \%$, which belonged to segment C5. While the GM/WM volume ratio was $0.481 \%$ in segment C1, this volume ratio decreased until segment C5. This value started to increase at segment

C6 and showed a significant increase from segment C13.
When the results of the white matter/spinal cord volume ratio in the cervical spinal segments of the ducks were examined, the highest value was observed as $0.367 \%$ in segment C8. The WM/SC volume ratio of segment C1 was calculated as $0.280 \%$. This value was $0.290 \%$ for segments C2 and C3. The WM/SC volume ratio was seen to increase until segment C8. This value was $0.322 \%$ in


Figure 3. The cervical spinal segment of the duck at $4 \times$ magnification (hematoxylin and eosin).
segment C9; it then decreased. The lowest white matter/ spinal cord volume ratio belonged to segments C14 and C15; this ratio was determined as $0.240 \%$ (Table 1).

The values given in Table 1 indicate that the lowest grey matter/spinal cord volume ratio of the cervical spinal segments of the ducks was $0.090 \%$, which belonged to segment C5. The highest grey matter/spinal cord volume ratio was observed in segments C14 and C15 (0.120\%). The GM/SC volume ratio of segment C1 was $0.119 \%$. This ratio decreased until segments C 9 and C 10 . There was a significant increase in segment C13, the value of which was calculated as $0.115 \%$.

In addition, it was determined that while the grey matter volume values were higher in segments C14 and C15 compared to the other segments, the white matter volume ratios were lower in these segments than in the other segments. While the white matter volume values were high for segments C 1 and C2, volume values of grey matter were low in segments C 1 and C 2 (Table 2).

Values of the noise and coefficient of error (CE) corresponding to whole tissue (Table 3), white matter (Table 4), and grey matter (Table 5) belonging to the cervical spinal segments of the ducks were calculated. The noise and coefficient of error (CE) values were calculated and volume calculation was performed with the SHTEREOM program.

It was determined that the average CE of whole tissue of the cervical segments was 0.0334 . The average CE of white matter of the cervical segments was 0.0441 . It was determined that the average CE of grey matter of the cervical segments was 0.0433 in this study.

The mean number of points for whole tissue was calculated as follows: $\mathrm{C} 1=1023, \mathrm{C} 2=978, \mathrm{C} 3=936, \mathrm{C} 4$
$=924, \mathrm{C} 5=919, \mathrm{C} 6=918, \mathrm{C} 7=819, \mathrm{C} 8=865, \mathrm{C} 9=904$, $\mathrm{C} 10=913, \mathrm{C} 11=943, \mathrm{C} 12=1024, \mathrm{C} 13=1145, \mathrm{C} 14=$ $1167, \mathrm{C} 15=1154$. It was determined that the highest mean number of points for the whole tissue of the cervical spinal segments belonged to the C14 segment, and the lowest mean number of points belonged to segment C7.

The mean number of points for the white matter of the cervical spinal segments was calculated as follows: $\mathrm{C} 1=$ $491, \mathrm{C} 2=568, \mathrm{C} 3=513, \mathrm{C} 4=524, \mathrm{C} 5=522, \mathrm{C} 6=524, \mathrm{C} 7$ $=499, \mathrm{C} 8=507, \mathrm{C} 9=520, \mathrm{C} 10=521, \mathrm{C} 11=532, \mathrm{C} 12=$ $559, \mathrm{C} 13=585, \mathrm{C} 14=563, \mathrm{C} 15=559$. The highest mean number of points for the white matter of the cervical spinal segments belonged to segment C13. The lowest mean number of points belonged to segment C 1.

The mean number of points for the grey matter of the cervical spinal cord was calculated as follows: $\mathrm{C} 1=667, \mathrm{C} 2$ $=555, \mathrm{C} 3=501, \mathrm{C} 4=513, \mathrm{C} 5=484, \mathrm{C} 6=460, \mathrm{C} 7=463$, $\mathrm{C} 8=467, \mathrm{C} 9=518, \mathrm{C} 10=522, \mathrm{C} 11=542, \mathrm{C} 12=508, \mathrm{C} 13$ $=726, \mathrm{C} 14=826, \mathrm{C} 15=856$. The highest mean number of points for the grey matter of the cervical spinal segments belonged to segment C15. The lowest mean number of points belonged to segment C6.

### 3.1. Data analysis results

When the total volume value of the cervical segment in ducks was examined statistically, no difference was found between segments C1, C2, and C12. While no difference was found between segments C3 and C11, the difference between these segments and the other segments was significant. There was no difference between segments C 4 , C5, C6, C7, C8, C9, and C10; however, a difference was observed between the other segments and these segments. While there was no difference between segments C14 and C 15 , the difference between these segments and the

Table 1. Volume values of the cervical spinal cord of ducks (VVSC) ( $\mathrm{mm}^{3}$ ); volume ratios of the white matter/spinal cord in the cervical spinal segments of ducks (WM/SC) (\%); volume ratios of the grey matter/spinal cord in the cervical spinal segments of ducks (GM/SC) (\%).


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Table 2. Volume values of the white matter of the cervical spinal segments of ducks (VVWM) ( $\mathrm{mm}^{3}$ ); volume values of the grey matter of the cervical spinal segments of ducks (VVGM) $\left(\mathrm{mm}^{3}\right)$; volume ratios of the grey matter/white matter in the cervical spinal segments of ducks (GM/WM) (\%).


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Table 4. Coefficient of error (CE) and noise values of white matter of the cervical spinal segments of ducks.

Table 5. Coefficient of error (CE) and noise values of grey matter of the cervical spinal segments of ducks.

other segments was significant. When the volume of the white matter in the cervical segments of the ducks was examined statistically, no difference was found between the segments. When the volume of the grey matter in the cervical segments of the ducks was evaluated statistically, there was no difference between segments C2, C3, C4, C5, C6, C7, C8, C9, C10, C11, and C12. The difference between the other segments and these segments was significant. The difference between segments C1 and C13 and all of the other segments was significant. While there was no difference between segments C14 and C15, the difference between these segments and the other segments was significant. No difference was determined between the cervical segments of the ducks in terms of GM/WM, WM/ SC, and GM/SC volume ratios (Table 6).

## 4. Discussion

It has been reported that the number of cervical vertebrae is 17 in goose, 14 in chicken, 12 in pigeon, and 14 in duck $(3,18,19)$. Cakmak et al. (11) stated in their study that the number of cervical vertebrae in quails was 12 . The number of cervical vertebrae was determined to be 14 in duck in the present study. A study conducted on the spinal cords of duck, chicken, and pigeon revealed that the number of cervical spinal segments was 15 in chicken and 13 in pigeon and duck (20). A stereological study on the cervical segments of quails revealed that the number of cervical spinal segments was 13 (11). In the present study conducted on the cervical spinal segments of ducks, it was determined that the number of segments was 15 .

In one study, the spinal cord was segmented along with the vertebral column. The vertebrae were then decalcified (21). In the study conducted by Bolat (22) on Leghorn chicken it was reported that decalcification could be applied to the spinal cord as a whole without segmenting before decalcification. In the present study, the spinal cord was uncovered after the arcus vertebrae of the vertebral column in the spinal cord were removed. The vertebral column was used as a guide to identify the cervical segments of the spinal cord. The cervical segments were also obtained by dissection without using decalcification in the present study.

A study conducted on the cervical segments of the duck and the chicken suggested that the area value of segment C4 was larger compared to the other segments, and the white matter/grey matter ratio of segment C 1 was lower than area ratio values of the other segments (20). In the present study, the highest volume value of the cervical segment in duck belonged to segment C15. This volume value obtained in the present study was not the same as the finding of segment C 4 having the maximum area in the study by Hazıroğlu et al. (20), conducted on area values of cervical segments in duck.

In the study conducted by Bolat (22) on poultry, it was stated that the cervical enlargement was formed by segments C13, C14, C15, T1, and T2. A study conducted on the cervical segments of quails reported that segments $\mathrm{C} 10, \mathrm{C} 11, \mathrm{C} 12$, and C 13 were involved in the formation of the cervical enlargement (11). Hazıroğlu et al. (20) stated in their study that the cervical enlargement was formed by

Table 6. Data analysis.

|  | Duck cer. <br> SC volume | Duck cer. <br> WM volume | Duck cer. <br> GM volume | Duck cer. <br> GM/WM ratio | Duck cer. <br> WM/SC ratio | Duck cer. <br> GM/SC ratio |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| C1 | $3.735 \pm 0.391^{\text {abc }}$ | $1.043 \pm 0.161$ | $0.426 \pm 0.043^{\mathrm{b}}$ | $0.481 \pm 0.066$ | $0.281 \pm 0.032$ | $0.119 \pm 0.011$ |
| C2 | $3.534 \pm 0.282^{\text {abc }}$ | $1.055 \pm 0.164$ | $0.340 \pm 0.007^{\mathrm{c}}$ | $0.395 \pm 0.054$ | $0.290 \pm 0.030$ | $0.103 \pm 0.010$ |
| C3 | $3.381 \pm 0.224^{\text {bc }}$ | $0.989 \pm 0.147$ | $0.306 \pm 0.012^{\mathrm{c}}$ | $0.388 \pm 0.037$ | $0.291 \pm 0.033$ | $0.094 \pm 0.008$ |
| C4 | $3.340 \pm 0.245^{\mathrm{c}}$ | $1.003 \pm 0.156$ | $0.295 \pm 0.010^{\mathrm{c}}$ | $0.352 \pm 0.045$ | $0.291 \pm 0.028$ | $0.094 \pm 0.010$ |
| C5 | $3.321 \pm 0.149^{\mathrm{c}}$ | $1.193 \pm 0.166$ | $0.297 \pm 0.008^{\mathrm{c}}$ | $0.301 \pm 0.044$ | $0.353 \pm 0.042$ | $0.090 \pm 0.004$ |
| C6 | $3.318 \pm 0.139^{\mathrm{c}}$ | $1.095 \pm 0.162$ | $0.285 \pm 0.011^{\mathrm{c}}$ | $0.317 \pm 0.048$ | $0.324 \pm 0.041$ | $0.086 \pm 0.005$ |
| C7 | $2.959 \pm 0.176^{\mathrm{c}}$ | $0.915 \pm 0.138$ | $0.281 \pm 0.010^{\mathrm{c}}$ | $0.358 \pm 0.039$ | $0.308 \pm 0.036$ | $0.100 \pm 0.009$ |
| C8 | $3.126 \pm 0.227^{\mathrm{c}}$ | $1.112 \pm 0.165$ | $0.286 \pm 0.011^{\mathrm{c}}$ | $0.313 \pm 0.045$ | $0.362 \pm 0.046$ | $0.097 \pm 0.010$ |
| C9 | $3.266 \pm 0.163^{\mathrm{c}}$ | $1.080 \pm 0.170$ | $0.317 \pm 0.015^{\mathrm{c}}$ | $0.374 \pm 0.063$ | $0.323 \pm 0.042$ | $0.100 \pm 0.010$ |
| C10 | $3.301 \pm 0.212^{\mathrm{c}}$ | $1.176 \pm 0.173$ | $0.319 \pm 0.012^{\mathrm{c}}$ | $0.342 \pm 0.056$ | $0.347 \pm 0.041$ | $0.101 \pm 0.009$ |
| C11 | $3.409 \pm 0.286^{\text {bc }}$ | $0.965 \pm 0.154$ | $0.332 \pm 0.019^{\mathrm{c}}$ | $0.416 \pm 0.061$ | $0.280 \pm 0.030$ | $0.103 \pm 0.010$ |
| C12 | $3.701 \pm 0.260^{\text {abc }}$ | $1.241 \pm 0.161$ | $0.338 \pm 0.014^{\mathrm{c}}$ | $0.339 \pm 0.059$ | $0.335 \pm 0.040$ | $0.096 \pm 0.010$ |
| C13 | $4.139 \pm 0.242^{\text {ab }}$ | $1.172 \pm 0.177$ | $0.444 \pm 0.048^{\text {ab }}$ | $0.726 \pm 0.359$ | $0.297 \pm 0.052$ | $0.115 \pm 0.020$ |
| C14 | $4.218 \pm 0.317^{\mathrm{a}}$ | $0.995 \pm 0.176$ | $0.512 \pm 0.060^{\mathrm{a}}$ | $0.911 \pm 0.410$ | $0.241 \pm 0.045$ | $0.120 \pm 0.010$ |
| C15 | $4.224 \pm 0.315^{\mathrm{a}}$ | $0.991 \pm 0.173$ | $0.513 \pm 0.060^{\mathrm{a}}$ | $0.941 \pm 0.400$ | $0.240 \pm 0.043$ | $0.120 \pm 0.010$ |
| P-value | 0.018 | 0.982 | 0.000 | 0.222 | 0.722 | 0.459 |

segments C13, C14, C15, T1, and T2 in chicken; by segments $\mathrm{C} 12, \mathrm{C} 13, \mathrm{C} 14, \mathrm{C} 15, \mathrm{~T} 1$, and T 2 in duck; and by segments $\mathrm{C} 11, \mathrm{C} 12, \mathrm{C} 13, \mathrm{~T} 1$, and T 2 in pigeon. In the present study, it was determined that segments $\mathrm{C} 12, \mathrm{C} 13, \mathrm{C} 14$, and C 15 were involved in the cervical enlargement. The segments involved in formation of the cervical enlargement in the study conducted by Hazıroğlu et al. (20) on the cervical segments of duck were compatible with the segments involved in the cervical enlargement area in the present study.

Based on the results obtained from the present study, the whole volume ratios were high in segments C12, C13, C14, and C15 among the cervical segments of the ducks, which suggested that these segments were involved in the formation of the cervical enlargement area in duck.

Consequently, the whole segment, the grey matter, and the white matter differed between segments in terms of
volume values of the cervical spinal segments, and these differences also revealed statistical significance.

The present study highlighted that total volume, white matter volume, and grey matter volume in the cervical spinal segments in ducks could be calculated and revealed by using stereological methods. In the present study, the cervical segments involved in the formation of the cervical enlargement region were also determined.

The present study is presented as an example of morphological and stereological studies to be conducted in anatomy, pathology, and neurobiology.

## Acknowledgment

The President of Scientific Research Projects of Van Yüzüncü Yil University was the source of funding for this study. Project code: 2011-VF-B26/ ID: 838.

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