Research Article

In vitro antibiotic resistance of Staphylococci isolated from different animal species

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Abstract: The purpose of this study is to investigate resistance to antibiotics of *Staphylococcus* species isolated from various samples belonging to different animal species. Among 48 *Staphylococcus* spp. strains, *Staphylococcus intermedius* was the most common species, followed by *S. aureus, S. epidermidis, S. hyicus, S. saprophyticus*. In a total of 48 *Staphylococcus* strains, the highest antibiotic resistance was observed to oxacillin (79.17%), tetracycline (39.58%), and ampicillin and cefoxitin (31.25%). Of 48 *Staphylococcus* strains, 42 showed resistance to at least one antimicrobial agent, while 23 of the strains had multidrug resistance. Antimicrobial resistance to tetracycline and ampicillin, erythromycin, streptomycin was detected frequently in *S. aureus,S. intermedius*, and *S. epidermidis*, respectively. Resistance rates for ampicillin, cefoxitin, and enrofloxacin were determined as 66.67% in *S. hyicus* strains. *S. saprophyticus* was determined to show resistance to 13 antibiotics other than meropenem. The highest antibiotic resistance was determined in *S. aureus, S. intermedius, S. epidermidis*, and in 48 *Staphylococcus* strains to oxacillin. Consequently, this study revealed resistance to various antibiotics in *Staphylococcus* species. Additionally, the presence of high oxacillin resistance and multidrug resistance in the *Staphylococcus* strains revealed the importance of determination of antimicrobial susceptibility before treatment and for rational use of antibiotics.

Key words: *Staphylococcus* spp., domestic animals, antimicrobial resistance, oxacillin

1. Introduction

Staphylococci are a part of the normal bacterial flora of the urogenital and digestive system mucous membranes and skin of several mammalian animals and poultry [1,2,3]. Most of the 44 *Staphylococcus* species defined so far are present in animals [2,4]. *Staphylococcus aureus (S. aureus)* is accepted as the most prevalent pathogen species in both humans and animals, while other significant pathogen species in veterinary medicine were reported as *S. hyicus* and *S. intermedius* (reclassified as *S. pseudointermedius*) [4,5,6]. As it is difficult to phenotypically distinguish *S. pseudointermedius,* which was recently defined from *S. delphini,* it is believed that it would be better to use the term "*S. intermedius* group" for the species *S. intermedius*, *S. delphini*, and *S. pseudointermedius* [4,5,6,7,8]. Based on the coagulase test, Staphylococci used to be defined as coagulase-positive *S. aureus* and negative staphylococci. However, while *S. intermedius*, *S. pseudintermedius*, and *S. delphini* are positive in terms of coagulase and *S. hyicus* shows a variety, coagulase-negative staphylococci are also associated with various infections in humans and animals [6]. *S. aureus* may lead to suppurative infections such as mastitis, dermatitis, and botryomycosis in cows,

sheep, goats, horses, pigs, cats, and dogs. *S. intermedius* causes several different suppurative infections such as endometritis and pyoderma in cats and dogs [1,2,9]. *S. hyicus* causes exudative epidermitis in pigs and cutaneous infections in horses and cows [3]. Due to reports that *S. intermedius* can be transmitted from animals to humans (especially from pets to owners), like *S. aureus* (zoonotic significance), *S. intermedius* also poses a serious public health risk [10,11,12].

Several different antibiotic drugs are used in the treatment of *Staphylococcus* spp. infections. However, usage of these drugs for shorter or longer than normal duration, and usage without antimicrobial susceptibility tests or microbiological analyses, had led to the emergence of antibiotic-resistant staphylococcus strains. Increased resistance to antibiotics in recent years, including multidrug resistance (MDR), will lead to untreatable *Staphylococcus* infections [13]. Some studies reveal antibiotic resistance in *Staphylococcus* species isolated from various animal species and humans [10,14,15,16,17,18,19]. It is known that especially the increase in methicillin-resistant Staphylococci creates a risk for animal health and public health [20,21,22]. The mecgenes that are found on the

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Staphylococcal Cassette Chromosome mec (SCCmec) code the penicillin-binding protein 2a and lead to methicillin resistance by reducing the susceptibility of staphylococci to all β-lactam antibiotics [23,24,25]. In addition to the infections they cause in animals, methicillin-resistant staphylococci have become a significant risk due to their potential to be transmitted to people who are in close contact with animals, such as pet owners and veterinary clinic staff [20,26,27].

The purpose of this study is to determine resistance to antibiotics of *Staphylococcus* species isolated from samples belonging to different animal species brought to the Clinics of the Faculty of Veterinary Medicine at Ankara University with various complaints.

2. Materials and methods

2.1. Bacterial strains
Staphylococcus spp. strains were obtained from various samples of different animal species submitted to the Clinics of the Faculty of Veterinary Medicine at Ankara University. A total of 48 Staphylococcal strains, of which 15 strains were from dogs (31.25%), 12 from cats (25%), nine from cows (18.75%), four from horses (8.33%), three from chickens (6.25%), two from goats (4.17%), and one each from a calf, pigeon, and parrot (2.08%) were used in this study (Table 1).

2.2. Identification of *Staphylococcus* spp. strains
Staphylococcus spp. strains were identified based on colony characteristics, catalase production, Gram's stain, coagulase reaction, pigment production, and Deoxyribonuclease (DNase) reaction on DNase agar, etc. [2,9].

2.3. Antimicrobial susceptibility testing
Antibiotic resistance of staphylococci was tested with the Kirby-Bauer disc diffusion method according to the Clinical and Laboratory Standards Institute (CLSI) (2008) [28]. The following antibiotic discs (Oxoid, Basingstoke, UK) were used: ampicillin (10μg), enrofloxacin (5μg), ciprofloxacin (5μg), meropenem (10μg), chloramphenicol (30μg), streptomycin (10μg), mupirocin (200μg), erythromycin (15μg), rifampicin (5μg), tetracycline (30μg), gentamicin (10μg), tobramycin (10μg), and cefoxitin (30 μg). For oxacillin (1μg) resistance, Mueller Hinton agar (Oxoid, CM0337, UK) onto which 2% NaCl was added was used. A *Staphylococcus aureus* ATCC® 25923 strain was used as the positive control. The inhibition zone diameters were assessed based on CLSI [28]. Among the tested antibiotics, strains that showed resistance to ≥3 antimicrobial agent classes were defined as multidrug-resistant (MDR) strains [29,30].

3. Results

3.1. Bacteriological identification
Staphylococcus spp. strains were isolated from samples belonging to different animal species, distributed among *S. intermedius* 21(43.75%), *S. aureus* 15(31.25%), *S. epidermidis* 8 (16.67%), *S. hyicus* 3 (36.25%), and *S. saprophyticus* 1(12.08%) (Table 1).

3.2. Antimicrobial susceptibility testing
In a total of 48 *Staphylococcus* spp. strains, the highest antibiotic resistance was determined to oxacillin 38 (79.17%), tetracycline 19 (39.58%), and ampicillin and cefoxitin 15 (31.25%). Regarding the resistance rates (Table 2), 42 (87.5%) strains were resistant to at least one drug, and 47.92% of strains were multidrug-resistant. Resistance rates in *S. aureus, S. intermedius*, and *S. epidermidis* were variable, with 40% of *S. aureus* strains exhibiting resistance to cefoxitin and ampicillin, 20% of strains being resistant to erythromycin and enrofloxacin, and tetracycline and tobramycin; with 38.10% of *S. intermedius* strains being resistant to erythromycin, 19.05% of strains exhibiting resistance to ampicillin, tobramycin, gentamicin, and chloramphenicol; with 37.5% of *S. epidermidis* strains exhibiting resistance to streptomycin, 25% of strains being resistant to ampicillin and tetracycline, 12.5% being resistant to gentamicin, cefoxitin, chloramphenicol, erythromycin, mupirocin, and rifampicin. Resistance was not observed to rifampicin, ciprofloxacin, mupirocin, and meropenem in *S. aureus* strains, to mupirocin in *S. intermedius*, and to meropenem, tobramycin, ciprofloxacin, and enrofloxacin in *S. epidermidis*. Resistance rates of *S. hyicus* strains were determined to be 66.67% to ampicillin, cefoxitin, and enrofloxacin; 33.33% to tetracycline, erythromycin ciprofloxacin, and mupirocin. Resistance was not noted to meropenem, tobramycin, gentamicin, streptomycin, rifampicin, and chloramphenicol in *S. hyicus* strains. *S. saprophyticus* was determined to show resistance to 13 antibiotics other than meropenem. Also, antimicrobial resistance rates to oxacillin were noted in *S. aureus, S. intermedius, S. epidermidis*, *S. hyicus*, and *S. saprophyticus* (93.33%, 76.19%, 62.5%, 66.67%, and 100%, respectively).

4. Discussion
This study investigated the antibiotic resistance of *Staphylococcus* species isolated from samples belonging to different animal species with various clinical symptoms and the presence of methicillin-resistant *Staphylococcus* species with zoonotic potential. A large proportion of cat and dog samples were obtained from the skin and ear, whereas all parrot and horse samples were taken from the skin. In our study, *S. intermedius* was identified as the most prevalent species from samples of the skin and ear. This could be related to the number of samples collected from the skin and ear. The most prevalent species were reported as *S. intermedius* and *S. aureus*in dogs with otitis externa and pyoderma [15,31,32]. *S. aureus* was isolated from cow milk samples in our study. Some researchers detected the most prevalent species as *S. aureus* and *S. epidermidis*,

Table 1. Distribution of the *Staphylococcus* spp. strains based on the animal species and samples they were isolated from [n (%)].

	Animal Species																				
	Dog					Cat					Cow			Horse	Chicken		Goat		Lamb	Pigeon	Parrot
	skin swab	ear swab	joint swab	nail wound swab	vaginal swab	skin swab	ear swab	nose swab	oral swab	urine	milk	nose swab	nail wound swab	skin swab	joint swab	sinus swab	nail wound swab	vaginal swab	lung	lung	skin swab
	15 (31.25)					12 (25)					9 (18.75)			4 (8.33)	3 (6.25)		2 (4.17)		1 (2.08)	1(2.08)	1 (2.08)
S. intermedius 21 (43.75)	5 (23.81)	3 (14.28)	1 (4.76)	1 (4.76)	1 (4.76)	4 (19.05)	1 (4.76)	-	-	-	-	-	-	4 (19.05)	-	-	-	-	-	1 (4.76)	-
S. aureus 15 (31.25)	1 (6.67)	-	-	-	-	1 (6.67)	-	1 (6.67)	1 (6.67)	-	5 (33.33)	2 (13.33)	1 (6.67)	-	1 (6.67)	1 (6.67)	-	-	1 (6.67)	-	-
S. epidermidis 8 (16.67)	-	3 (37.5)	-	-	-	3 (37.5)	-	-	-	-	-	-	-	-	-	-	1 (12.5)	1 (12.5)	-	-	-
S. hyicus 3 (6.25)	-	-	-	-	-	-	-	-	-	-	-	1 (33.33)	-	-	1 (33.33)	-	-	-	-	-	1 (33.33)
S. saprophyticus 1 (2.08)	-	-	-	-	-	-	-	-	-	1 (100)	-	-	-	-	-	-	-	-	-	-	-

Table 2. Antibiotic resistance in *Staphylococcus* species with different animal species origins [n (%)].

Antimicrobial agents	*S. aureus* (15)			*S. intermedius* (21)			*S. epidermidis* (8)			*S. hyicus* (3)			*S. saprophyticus* (1)			Total (48)		
	S	I	R	S	I	R	S	I	R	S	I	R	S	I	R	S	I	R
	n (%)			n (%)			n (%)			n (%)			n (%)			n (%)		
OX	1 (6.67)	0	14 (93.33)	3 (14.28)	2 (9.52)	16 (76.19)	2 (25)	1 (12.5)	5 (62.5)	0	1 (33.33)	2 (66.67)	0	0	1 (100)	6 (12.5)	4 (8.33)	38 (79.17)
CFX	9 (60)	0	6 (40)	16 (76.19)	0	5 (23.81)	7 (87.5)	0	1 (12.5)	1 (33.33)	0	2 (66.67)	0	0	1 (100)	33 (68.75)	0	15 (31.25)
AMP	9 (60)	0	6 (40)	17 (80.95)	0	4 (19.05)	6 (75)	0	2 (25)	1 (33.33)	0	2 (66.67)	0	0	1 (100)	33 (68.75)	0	15 (31.25)
MER	15 (100)	0	0	19 (90.48)	0	2 (9.52)	8 (100)	0	0	3 (100)	0	0	1 (100)	0	0	46 (95.83)	0	2 (4.17)
TOB	11 (73.33)	2 (13.33)	2 (13.33)	17 (80.95)	0	4 (19.05)	7 (87.5)	1 (12.5)	0	3 (100)	0	0	0	0	1 (100)	38 (79.17)	3 (6.25)	7 (14.58)
CN	10 (66.67)	0	5 (33.33)	16 (76.19)	1 (4.76)	4 (19.05)	7 (87.5)	0	1 (12.5)	3 (100)	0	0	0	0	1 (100)	36 (75)	1 (2.08)	11 (22.92)
S	13 (86.67)	1 (6.67)	1 (6.67)	13 (61.90)	1 (4.76)	7 (33.34)	5 (62.5)	0	3 (37.5)	3 (100)	0	0	0	0	1 (100)	34 (70.83)	2 (4.17)	12 (25)
TET	7 (46.67)	0	8 (53.33)	14 (66.67)	0	7 (33.34)	6 (75)	0	2 (25)	2 (66.67)	0	1 (33.33)	0	0	1 (100)	29 (60.42)	0	19 (39.58)
E	11 (73.33)	1 (6.67)	3 (20)	13 (61.90)	0	8 (38.10)	6 (75)	1 (12.5)	1 (12.5)	1 (33.33)	1 (33.33)	1 (33.33)	0	0	1 (100)	31 (64.58)	3 (6.25)	14 (29.17)
CL	13 (86.67)	0	2 (13.33)	17 (80.95)	0	4 (19.05)	7 (87.5)	0	1 (12.5)	3 (100)	0	0	0	0	1 (100)	40 (83.33)	0	8 (16.67)
MUP	15 (100)	0	0	21 (100)	0	0	7 (87.5)	0	1 (12.5)	2 (66.67)	0	1 (33.33)	0	0	1 (100)	45 (93.75)	0	3 (6.25)
ENR	12 (80)	0	3 (20)	16 (76.19)	2 (9.52)	3 (14.29)	8 (100)	0	0	1 (33.33)	0	2 (66.67)	0	0	1 (100)	37 (77.08)	2 (4.17)	9 (18.75)
CIP	13 (86.67)	2 (13.33)	0	19 (90.48)	0	2 (9.52)	8 (100)	0	0	1 (33.33)	1 (33.33)	1 (33.33)	0	0	1 (100)	41 (85.42)	3 (6.25)	4 (8.33)
RIF	15 (100)	0	0	19 (90.48)	0	2 (9.52)	7 (87.5)	0	1 (12.5)	2 (66.67)	1 (33.33)	0	0	0	1 (100)	43 (89.58)	1 (2.08)	4 (8.33)

S: sensitive, I: intermediate, R: resistant; OX: oxacillin, CFX: cefoxitin, AMP: ampicillin, MER: meropenem, TOB: tobramycin, CN: gentamicin, S: streptomycin, TET: tetracycline, E: erythromycin, CL: chloramphenicol, MUP: mupirocin, ENR: enrofloxacin, CIP: ciprofloxacin, RIF: rifampicin.

S. aureus, S. agalactiae, and *S. hyicus* from cow milk with bovine mastitis in Turkey and Poland, respectively [33,34].*S. intermedius* (dog), *S. aureus* (cow), and *S. epidermidis* (goat) were isolated from the samples collected from wounds under the nails. Vanni et al. [15] also isolated *S. intermedius* (30%) from samples collected from under the nails of diseased and healthy dogs. *S. saprophyticus* was isolated from a cat urine sample, while it was determined to be susceptible to only meropenem among the antibiotics tested in our study. Some researchers have reported that *S. pseudointermedius* (20.1%), *S. saprophyticus* (2.9%), and *S. aureus* (2.5%) were isolated from urine samples of cats and dogs diagnosed with urinary system infection [22,35].

In the treatment of *Staphylococcus* spp. infections, long-term usage or repeated usage of both broad-spectrum and narrow-spectrum antibiotics may lead to the emergence of antimicrobial resistance, especially multidrug resistance. Considering the antibiotic resistance of all *Staphylococcus* spp. strains that we analyzed in our study, the resistance we determined to tobramycin (14.58%), streptomycin (25%), tetracycline (39.58%), and erythromycin (29.17%) were found to be higher than those reported by other researchers [14,33,36]. The resistance to ampicillin (31.25%), gentamicin (22.92%), rifampicin (8.33%), mupirocin (6.25%), chloramphenicol (16.67%), enrofloxacin (18.75%), and ciprofloxacin (8.33%) were lower [14,32,33,36]. It was determined that a large proportion of *Staphylococcus* spp. strains (87.5%) analyzed in the study showed resistance to at least one antimicrobial agent, while almost half of the strains (47.92%) had multidrug resistance. Some researchers have reported 36.4% and 35% multidrug resistance in Staphylococci isolated from different animal species [14,36]. Penna et al. [32,35] determined the ratio of strains resistant to at least one antimicrobial agent as 77.1% and 89% among the *Staphylococcus* strains they isolated from dogs with urinary system infection and otitis externa.

In the *S. intermedius* strains analyzed, we observed resistance to erythromycin (38.1%), streptomycin and tetracycline (33.34%), ampicillin (19.05%) and ciprofloxacin (9.52%) were similar to those in other studies [31,37,38,39,40]. However, the same strains' resistance to gentamicin and chloramphenicol (19.05%), enrofloxacin (14.29%), and rifampicin (9.52%) were determined to be lower than those reported by other researchers [15,32,35,38]. Additionally, all of the *S. intermedius* strains susceptible to mupirocin concurred with the results of Penna et al. [32].

Resistance of *S. aureus* strains to ampicillin (40%), enrofloxacin (20%), chloramphenicol (13.33%), and streptomycin (6.67%) were lower than those reported by other researchers, however; higher resistance to tetracycline (53.33%), gentamicin (33.33%), erythromycin

(20%). and tobramycin (13.33%) were observed [14,16,32,34,35,36,40,41]. All of the *S. aureus* strains susceptible to ciprofloxacin, rifampicin, mupirocin, and meropenem concurred with the results of some researchers [14,33,36,40].

In *S. epidermidis* strains, resistance to ampicillin (25%), erythromycin, mupirocin, chloramphenicol, and gentamycin (12.5%) were determined to be lower than those reported by some researchers [25,32,34,35,39]. In terms of resistance to streptomycin (37.5%), tetracycline (25%) and rifampicin (12.5%), our results were determined to be higher [14,16,25]. Similar to the results presented in this study, Kirkan et al. [33], no ciprofloxacin-resistant strain was determined among *S. epidermidis* strains. On the other hand, the finding that all analyzed *S. epidermidis* strains were susceptible to enrofloxacin and tobramycin was different from the results of some researchers [25,32,35].

No study was found of resistance to meropenem in *S. intermedius, S. aureus, S. epidermidis*, and all *Staphylococcus* spp. strains, and resistance to tobramycin *S. intermedius* strains. Therefore, the comparison of resistance to meropenem and tobramycin *Staphylococcus* spp. strains with other studies could not be made. However, analyzing resistance to meropenem and tobramycin in *Staphylococcus* strains is believed to provide a significant contribution to literature. Also, owing to a few strains of *S. hyicus* and *S. saprophyticus*, the antimicrobial resistance results of the strains have not been compared with other studies.

Several methods are being used in revealing methicillin resistance in staphylococci [17,42,43,44,45]. However, there is confusion in the determination of methicillin resistance in staphylococci due to heterogeneous resistance in coagulase-negative staphylococci and studying different *Staphylococcus* species in different geographical regions [17,45,46,47]. In the CLSI report in 2008, it was stated that using cefoxitin is more suitable in determining methicillin resistance [28]. Considering the comparison of resistance to the two antimicrobials, the resistance determined to oxacillin and cefoxitin was observed to agree in the *S. hyicus* (66.67%) and *S. saprophyticus* (100%) strains, whereas it showed differences in the *S. aureus* (93.33% / 40%), *S. intermedius* (76.19% / 23.81%), *S. epidermidis* (62.5% / 12.5%), and all *Staphylococcus* strains (79.17% / 31.25%). High oxacillin resistance in the *S. intermedius, S. aureus, S. epidermidis,* and all *Staphylococcus* strains was in agreement with the results of other researchers [25,33,38,48]. However, some researchers reported oxacillin resistance to be low in *S. aureus* strains [14,32,35,36,49]. Low cefoxitin resistance in the analyzed *S. intermedius, S. epidermidis,* and all *Staphylococcus* spp. strains was similar to the results in some studies [16,36,39]. Cefoxitin resistance observed

in approximately half (40%) of the *S. aureus* strains was in agreement with the findings of Couto et al. [36], whereas Kot et al. [16] reported encountering no cefoxitin-resistant *S. aureus* strains. A literature review did not reveal any study of cefoxitin resistance in *S. saprophyticus* strains, and this study can be considered as the first to determine cefoxitin resistance in a *S. saprophyticus* strain.

Consequently, this study indicated that *Staphylococcus* strains and *Staphylococcus* species originating from different animal species have high oxacillin resistance, but all *Staphylococcus* strains have high levels of meropenemas a common feature. It has also shown that almost half of the *Staphylococcus* strains have MDR. It was demonstrated that determining antimicrobial susceptibility and effective treatment based on this, especially in infections caused by *Staphylococcus* species with MDR, carries great significance in terms of both animal health and reduction of the risk of resistance to antibiotics. Additionally, this study also revealed the necessity of taking the necessary health precautions by keeping in mind the probability of transmission of MRSs with zoonotic potential to pet owners and healthcare employees in close contact with animals and the formation of control programs regarding the carriage of the factor.

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